

INTAKE

|  |  |        |
|--|--|--------|
|  | Contract   |        |
|  | Contact information  |        |
| Name   |  |        |
| Address  |  |        |
| Phones   |  | Home   |
|  |  | Office |
|  |  | Cell   |
|  |  | FAX    |
| Email  |  |        |
| What do you expect from the coaching relationship? |  |        |
|  |  |        |
|  |  |        |
|  |  |        |
|  | Satisfaction Inventory   |        |
| What habit or habits would you like to change?     |  |        |
|  |  |        |
|  |  |        |
|  |  |        |
|  | Do you have a personal mission statement or definition of success?   |        |
| If so, what is it?                                 |  |        |
|  |  |        |
|  |  |        |
|  | On a scale of 1 to 7, how committed are you right now to living that statement?  |        |
|  | On a scale of 1 to 7, how willing are you to creating the outcomes you've identified including creating more balance in your life?   |        |
|  | Definitions and concepts <ul style="list-style-type: none"> <li>• The Gremlin</li> <li>• Me/Body Reading</li> <li>• Clearing</li> <li>• Inquiry</li> <li>• Requests</li> </ul> |        |
|  | Questions?   |        |
|  | Schedule calls: when & who   |        |
|  | Expectations   |        |
|  | Focus for next week  |        |